



CANCER IN THE GREATER SF BAY AREA

PROSTATE CANCER

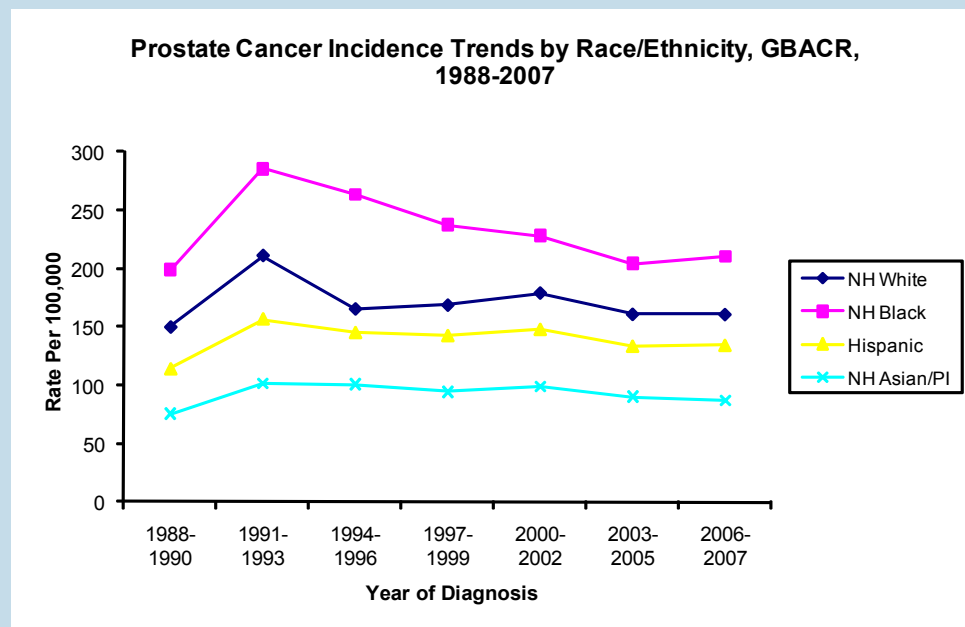
What do prostate cancer incidence rates look like among different groups in the Greater Bay Area?

The graph below reflects the most recent data from the NCCC's Greater Bay Area Cancer Registry, a registry of the National Cancer Institute's Surveillance Epidemiology and End Results program. Black men have the highest incidence rates of prostate cancer, followed by non-Hispanic whites, Hispanics, and Asian/Pacific Islanders.

What are the trends?

Prostate cancer incidence and mortality rates have been declining since the early 1990s, following a dramatic increase in the late 1980s that has been associated with the widespread introduction of prostate-specific antigen testing during that time. Incidence rates among racial/ethnic groups in the Greater Bay Area follow a similar trend over time as in the rest of California and the United States. The latest data (up to 2007) show particularly significant declines in prostate cancer for black, Hispanic, and Asian/Pacific Islander men.

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Graph reflects April 2009 data.

More research is needed to understand the causes of these rates and trends. However, there are important things men can do to help lower their risk of prostate cancer. Getting tested for prostate cancer, starting after the age of 45, can detect cancer early when treatment can be more successful. Some studies have also suggested that men who eat less animal fat and more fruits and vegetables may have a lower risk of prostate cancer.

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